

Free Quit Smoking Classes

Class #1: March 30 and April 13 , 2009

North Berkeley Senior Center
1901 Hearst Ave. (at MLK Jr. Way), Berkeley

2 Monday sessions
5:30 - 8:30 PM

Class #2: May 30 and June 13 , 2009

South Berkeley Senior Center
2939 Ellis St. (at Ashby), Berkeley

2 Saturday sessions
9:30 - 12:30 PM

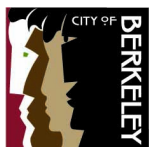
Free Hypnosis is available at both classes.

Want to Enroll?

Call (510) 981-5330 OR

Email us at: QuitNow@ci.berkeley.ca.us

Smoking and Pregnant? Call 981-5330 for a personal program to help quit smoking. Free acupuncture is included, which is safe during pregnancy.



Tobacco Prevention Program
Berkeley Public Health Division
1947 Center Street, 2nd Floor
Berkeley, CA 94704

Funded by the Alameda County Health Care Services Public Health Department Master Settlement Funds

Quit Now! 510-981-5330

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